

## *An extraordinary opportunity!*



Ngagpa Karma Lhundup Rinpoche, a yogi of the Nyingma tradition of Tibetan Buddhism, will teach yogas, centred on "tummo" (the fierce inner heat) in the context of the practice of the "Dakini Heart Essence" (Khandro Thugtig). This is part of the "New Treasures", the "Dudjom Tersar", revealed by Dudjom Rinpoche. It is very rare to find an opportunity to receive such teachings from an authentic teacher anywhere at all – this is quite an extraordinary opportunity.

The teaching will be given in Sydney between 15-19 July 2008. The participant list will close by the middle of June. More details from:

E-mail [tummo@chagchen.org](mailto:tummo@chagchen.org) or ring 0416 798 572

See also <http://www.karmalhundup.org/events/>

**Sunday 20 July, 2:00 pm:** Medicine Buddha empowerment

**7:00 pm:** Public talk on "Mind-Body Healing and Mental Health Issues in the Tibetan Tradition".

Both these events will be held at the Annandale Neighbourhood Centre, 79 Johnson St, Annandale.

Between **Monday 21 July** and **Wednesday 23 July** Rinpoche will be available for private interviews, house blessings and other services people may want. Please contact the above to make an appointment for anything of this sort.